

## **Foxborough Council on Aging and Human Services Board Meeting April 23, 2015**

**Present:** Director-Vicki Lowe, Chairperson-Joanne Pratt, Vice chairperson-Lloyd Gibbs, Vivian Pitts, Wendy Haney, Betty Travers, Milli Greene, Ann Alibrandi, Bob Murphy and Helen Rice-HESSCO Representative

*The meeting was called to order by Joanne Pratt at 3pm.*

**Minutes:** The minutes from the March 19, 2015 meeting were approved as amended.

### **Budget Report:**

There have been no out of the ordinary budget expenses. On the state level, the Formula Grant may be increased by one dollar per elder. This will help the budget if it gets final approval by the state. The Formula Grant pays for part of Cathy's hours and for the Van drivers. MCOA is advocating for some Mass Home Care items that will help agencies like HESSCO.

### **Director's Report:**

#### **Events and Programs Update-**

- \* Human Services has been very busy. Pam, our community social worker, has been dealing with most of the cases as transportation needs have increased due to the weather improving.
- \* The Garden Club has resumed. Marsha Lewicki has been doing some of the gardening for the Senior Center, such as replacing the containers.
- \* The History series is going well. We are sharing costs with the Friends. Paolo will be back April 30th through May 21st.
- \* The Foxboro Cultural Council sponsored a Pastel Painting class on April 9th. There were over twenty people who attended.
- \* "Swing into Spring", with Donna Lee, was held at the Senior Center yesterday. About forty five people were in attendance. The program was paid for with Friends donations.

#### **Upcoming Special Programs-**

- \* The program "Bus to the Future" will be sponsored by the Foxborough Public Schools on May 8th. There will be a tour of five schools to visit their technology departments. Transportation and lunch are being provided by the school department.
- \* On May 13th, there will be a Mother's Day program. The Rotary Club is sponsoring the event. They are also helping to set up, serve, and clean up.
- \* The program, "My Life-My Health", which is an evidence based course, will be offered from May 20th through June 24th. Space in the program is limited to fifteen. The

program helps develop strategies to improve health and the overall quality of life for anyone with chronic conditions.

- \* Health professionals from Brigham and Women's will be coming to the Senior Center on May 28th from 1:30 to 2:30 to have a panel discussion about Nutrition and Chronic Conditions.

### **Volunteer Appreciation-**

The COA and Human Services "Volunteer Appreciation Dinner" will be held on Thursday, May 21st from 4:30 to 6:30 pm. This year it will be held at Foxborough Country Club. To reserve a spot call the Senior Center by May 12th.

### **HESSCO REPORT:**

Helen Rice gave us the latest HESSCO report. She stated that they have been voting on candidates for different positions and they will be having a Bidder Conference on the 21st of May. HESSCO finances are on target and the Road Race sponsored by HESSCO raised twenty thousand dollars. The "Community Links Portal" is being reviewed. A full report is available to read.

### **FRIENDS OF FOXBORO SENIORS REPORT:**

Paul Dumas, president of the Friends, gave us a run down on how the Friends assisted the COA in March and April. He stated that the Friends would pay for fifty per cent of up to one thousand dollars for the Volunteer Appreciation Dinner. Paul stated that the Friends would set aside one hundred thousand dollars for use by the COA/Senior Center. There was a discussion concerning the remaining one hundred and fifty thousand dollars that the Friends are holding which will require further discussion in the future.

Charlie Clifford, a member of the Friends of Foxboro Seniors, told the board about some of the Friends recent activities. He passed around a placard that the Friends had made in honor of Bea Barr, a senior who volunteered frequently at the Senior Center. He stated that the Friends would be starting their Bingo games a half hour earlier for scheduling purposes at the Senior Center. He also stated that he had spoken to Mike Webber about what we could do to improve the sound and entertainment systems at the Senior Center. Vicki said that she had also talked to Mike and they had gotten a quote from one company.

### **OLD BUSINESS:**

No old business.

### **NEW BUSINESS:**

No new business.

The meeting was adjourned at 4:10pm.

Respectfully submitted,

Wendy Haney